

Church Connectedness and Psychological Well-Being of Catholic Faithful in the Diocese of Bacolod

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ABSTRACT

This study aimed to determine the degree of perceived church connectedness and the level of psychological well-being of the Catholic faithful in the Vicariate of Bago, Diocese of Bacolod as a whole and according to the demographics. A descriptive-correlational research design was utilized to know the degree of church connectedness and its relationship to the level of psychological well-being of the respondents. The investigation used a researcher-made Church Connectedness Scale and the Flourishing Scale (FS). Results revealed a somewhat high degree of church connectedness and a high level of psychological well-being among respondents. Church connectedness is significantly correlated with age and mass attendance while psychological well-being is associated with organization and ministry affiliation. The weak significant relationship between church connectedness and psychological well-being has implications on the development of the said variables among the Catholic faithful.

Keywords: Church Connectedness, Psychological-Well-being, Demographics, Descriptive-Correlational, Roman Catholics, Diocese of Bacolod, Negros Occidental