

The Implementation of Special Sports Program in a Public Secondary School

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ABSTRACT

The Special Program in Sports implemented in qualified public secondary high schools aims to develop the full potentials of athletes and prepare them for higher learning and work. This descriptive-comparative study determined the extent of implementation of Special Program in Sports in a public secondary school in the areas of program objectives, management and budget, selection and training, facilities and equipment, and curriculum design. Using a researcher-made instrument, a total of 15 coaches and 139 athletes of a public high school in Bacolod City during the School Year 2018-2019 participated in the study. The data were analyzed using mean, frequency, percentage, and Mann Whitney U-Test. The findings showed that all areas of the program were implemented. Meanwhile, no significant difference was found in all areas except for the curriculum design. Furthermore, coaches considered the lack of training facilities as the foremost challenge in the effective implementation of the program.

Keywords: Physical Education, Sports, Athletes, Coaches, Descriptive-Comparative, Negros Occidental, Philippines